



Winter Activities

December 2019

7th

What: 39th Annual "Lighting Spectacular"

Time: 5:00 pm – 8:00 pm

Where: Downtown Longview, Commerce Avenue

Description: This will be the 39th annual Lighting Spectacular and Holiday parade. Bring your family and friends and enjoy a festive evening.

7th

What: Santa at the Kalama Library

Time: 2:00 pm – 4:00 pm

Where: 312 N. 1st, Kalama, WA

Description: Come visit Santa Clause and have your children experience the joys of St. Nicholas.

14th

What: The ProCRAFTinators Bazaar

Time: 9:00 am – 4:00 pm

Where: Three Rivers Mall, 351 Three Rivers Drive, Kelso

Description: Do you procrastinate when it comes to the holidays? Well, come on out and see over 90 vendors at the 1st Annual ProCRAFTinators Holiday Bazaar.

January 2020

7th

What: Senior Fit Tuesday's

Time: 10:15 am – 11:10 am

Where: Youth and Family Link

Description: The activities will be a combination of standing and chair exercises. They will work to include a total body workout focusing on balance, strength and endurance. The goal of the class is to keep you moving at your appropriate level.

23rd

What: Apprenticeship and Trades Family Information Night

Time: 5:30 pm – 7:30 pm

Where: Lower Columbia College, 1600 Maple St., Longview, WA

Description: This event is for all Cowlitz and Wahkiakum families and students in grades 10-12 who are interested in learning about apprenticeship opportunities and careers in the trades.

February 2020

5th

What: Your voice, Your Choice: Advance Care Planning Workshop

Time: 2:30 pm – 4:00 pm

Where: PeaceHealth St. Johns Medical Center

Description: Join PeaceHealth for an interactive discussion that will guide you through the process of completing your advance directive.

KHA WINTER 2019

Winter Safety



Winter time is here again. With it being colder outside and shorter days, here are some safety tips to consider:

- Be prepared for weather-related emergencies. Stock food that doesn't need to be cooked or refrigerated and have extra water stored.
- Check the weather prior to traveling anywhere. Avoid traveling when the weather service has issued advisories.
- Keep an up-to-date emergency kit in the house. Some things to include:
 - Battery operated flashlights and lamps
 - Extra batteries
 - First-aid kit
- Be aware of your surroundings when driving. The ice and snow can make it harder to drive and with it getting darker earlier, it can be harder to see the ice at night. Also make sure to keep blankets, an emergency food and water kit and First-aid kit in the car at all times.

You can find more tips at:

<https://www.cdc.gov/features/winterweather/index.html>

Cowlitz County Community Resources



Aging & Disability- (360)577-4929

CAP-(360)425-3430

Community House on Broadway-(360)425-8679

Crisis Line-(206)722-3700

DSHS-(877)501-2233

Emergency Support Shelter-(360)425-1176

FISH of Cowlitz County-(360)636-1100

Free Medicaid Transport-(800)752-9422

Habitat for Humanity-(360)636-6765

Head Start/ECEAP-(360)422-2800

Love Overwhelming-(360)560-3913

Lower Columbia College-(360)442-2841

NW Justice Project-(888)201-1014

River City Transit-(360)442-5663

Salvation Army- (360)423-3990

Social Security Admin-(866)495-0044

Tobacco Quit Line-(877)270-7867

Worksource-(360)577-2250

KHA Hours:

Monday-Thursday

10:00 AM- 4:00 PM

Closed to the Public on Fridays.

Hours may vary on Holidays or required trainings

Phone Number:

360-423-3490

Holiday Closures:

December 24th & 25th – Christmas

January 1st 2020- New Years day

January 20th 2020- Martin Luther King Day

February 17th 2019- President's Day



KHA Mission Statement

To provide housing opportunities and coordination of needed social services to assist low- and moderate-income clients in their effort to attain economic self-sufficiency and to do so in a professional and efficient manner.

To assist non-profit programs in efforts to provide housing with specialized services for homeless persons, chronically mentally ill, families in transition, elderly and other special needs groups. Assist low income families by providing new multi-family units at affordable rents.

To provide home ownership opportunities by utilizing the Family Self Sufficiency (FSS) Program and other programs that are available.

Did You Know?

- Did you know 11% of people are left-handed?
- Did you know the average human brain contains around 78% water?
- Did you know 85% of plant life is found in the ocean?
- Did you know macadamia nuts are toxic to dogs?
- Did you know honey is the only natural food which never spoils?

You can find more of these Did You Know? facts at: <https://www.did-you-knows.com/>

Winter Fun for Everyone

Below are a few things to do during the winter:

- Make homemade chili or soup
- Re-decorate your bedroom
- Clean out your wardrobe
- Scrapbook
- Do a cookie exchange with friends, family or a neighbor.
- Buy a new puzzle and put it together as a family.



Winter Tips

Winter time usually means a higher electricity bill. Below are some tips from Cowlitz PUD and from Energy.gov:

- Have your thermostat/heating unit set to 68 while you are home and awake, and lower while you are sleeping.
- Make sure you turn off all lights when they are not in use.
- Take advantage of winter sunlight by opening shades, allowing natural light and warmth from the sun to heat the inside.
- Unplug any electronics that are not in use.
- Use kitchen and bathroom fans to reduce moisture in the home.
- Dress warmer and use heavier blankets.

For more tips, please visit:

[https://www.cowlitzpud.org/energy-](https://www.cowlitzpud.org/energy-saving-tips)

[saving-tips](https://www.cowlitzpud.org/energy-saving-tips)

[https://energy.gov/energysaver/article](https://energy.gov/energysaver/article/s/top-10-tips-save-energy-and-money-winter)

[s/top-10-tips-save-energy-and-money-](https://energy.gov/energysaver/article/s/top-10-tips-save-energy-and-money-winter)

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Rent Reminder



Just a reminder that rent is due every month by the 1st and late after the 5th. You will need to make sure it is brought to the office, or post marked no later than the 5th to avoid late fees of \$35.00. If a late fee is applied you will have 30 days from the date it applies to pay. All NSF checks returned for insufficient funds will also be charged a \$35 fee to your account and your coordinator will contact you. If you have an NSF, we will no longer be able to take personal checks. You will need to pay by cashier's check or money order [CFR 24 966.4 (b)(4)]
*Please note that KHA does not accept partial payments. Rent must be paid in full.

Warm Coats from Bill Ammons



Bill Ammons graciously donated children's coats to Kelso Housing Authority. If you have a child(ren) that need a coat, we have them hanging in the main office. There also are warm hats. Make sure if you do get a coat for your child(ren), you write a thank you note to Bill Ammons.

Holiday Decorations Reminder



All Holiday decorations must be removed by January 6, 2020. Leaving decorations out after the approved dates, can result in an exterior inspection failure.

Participant Request Form

All requests from clients must be done in writing prior to meeting or receiving a call from coordinator/staff. There is a pink sheet located next to the office window that needs to be filled out for the following reasons:



- If you need a copy of paperwork from your file,
- would like to request a phone call from your coordinator,
- would like to request an appointment with your coordinator,
- To leave a message with for your coordinator
- Hearing Outcome: Appealing a Housing Authority Decision

Once you submit the participant request form, you must wait for the Housing Authority to get in touch with you, either by mail or by phone.

Threats to Other Residents and KHA Staff

The PHA will terminate the lease when a covered person engages in any criminal activity that threatens the health, safety, or right to peaceful enjoyment of the premises by other residents (including PHA management staff residing on the premises) or by persons residing in the immediate vicinity of the premises. [24 CFR 966.4(l)(5)(ii)(A)]
Guests and unauthorized tenants are subjected to the same rules as tenants. KPD will be contacted.

Also, it is a felony to intimidate or threaten a public servant. (RCW 9A.76.180)
All KHA staff are classified as public servants. If you intimidate or threaten any KHA staff you may be terminated.

Procedure to Obtain a Hearing

If you receive a letter from your coordinator in regards to an informal settlement, the resident must submit a written request for a grievance hearing to the PHA within 5 business days of the tenant's receipt of the summary of the informal settlement.

If the complainant does not request a hearing, the PHA's disposition of the grievance under the informal settlement process will become final. However, failure to request a hearing does not constitute a waiver by the complainant of the right to contest the PHA's action in disposing of the complaint in an appropriate judicial proceeding.

*Please be advised Informal Hearing are not court proceedings and are not handled the same way. *