



KHA WINTER 2018 NEWSLETTER

Winter Safety



Here are some tips for the wintertime to make sure you and your family are safe:

- Stock food that doesn't need to be cooked or refrigerated and have extra water stored.
- Check the weather prior to traveling anywhere.
- Keep an up-to-date emergency kit in the house. Some things to include:
 - Battery operated flashlights and lamps
 - Extra batteries
 - First-aid kit
- Be aware of your surroundings when driving. The ice and snow can make it harder to drive and with it getting darker earlier, it can be harder to see the ice at night. Also make sure to keep blankets, an emergency food and water kit and First-aid kit in the car at all times.

You can find more tips at: <https://www.cdc.gov/features/winterweather/index.html>

Cowlitz County Community Resources



- Aging & Disability-(360)577-4929
- CAP-(360)425-3430
- Community House on Broadway-(360)425-8679
- Crisis Line-(206)722-3700
- DSHS-(877)501-2233
- Emergency Support Shelter-(360)425-1176
- FISH of Cowlitz County-(360)636-1100
- Free Medicaid Transport-(800)752-9422
- Habitat for Humanity-(360)636-6765
- Head Start/ECEAP-(360)422-2800
- Love Overwhelming-(360)560-3913
- Lower Columbia College-(360)442-2841
- NW Justice Project-(888)201-1014
- River City Transit-(360)442-5663
- Salvation Army: (360)423-3990
- Social Security Admin-(866)495-0044
- Tobacco Quit Line-(877)270-7867
- Worksource-(360)577-2250

KHA Hours:

Monday-Thursday
8:30 AM- 4:00 PM
Closed to the Public on Fridays.
Hours may vary on Holidays

Phone Number:

360-423-3490

Holiday Closures:

January 1st 2019- New Year's Day
January 21st 2019- Martin Luther King Day
February 18th 2019- President's Day



Mission Statement

To provide housing opportunities and coordination of needed social services to assist low- and moderate-income clients in their effort to attain economic self-sufficiency and to do so in a professional and efficient manner. To assist non-profit programs in efforts to provide housing with specialized services for homeless persons, chronically mentally ill, families in transition, elderly and other special needs groups. Assist low income families by providing new multi-family units at affordable rents. To provide home ownership opportunities by utilizing the Family Self Sufficiency (FSS) Program and other programs that are available.

Did You Know?

- It is impossible for most people to lick their elbow.
 - Like fingerprints, everyone's tongue print is different.
 - A shark is the only fish that can blink with both eyes.
 - Almonds are a member of the peach family.
 - Most people fall asleep in seven minutes.
- You can find more of these Did You Know? facts at:

<https://kids.niehs.nih.gov/games/riddles/jokes/fun-facts-and-trivia/index.htm>

Winter Fun for Everyone

Below are a few things to do during the winter:

- Go to the mountains
- Re-decorate your bedroom
- Clean out your wardrobe
- Scrapbook
- Volunteer
- Make winter treats



December 2018

29th

What: Bunko and Game Day

Time: 12:00pm-3:00pm

Where: Kelso Senior Center, 106 8th Ave NW

Description: Go to the Kelso Senior Center every other Friday, beginning November 2 at noon, and join in a fun game of Bunko and other games.

There will be cookies available.

January 2019

3rd & 7th

What: Volunteer Training with Community Home Health & Hospice

Time: 6:00-8:30 p.m.

Where: James Avery Center 1000 – 12th Ave., Longview, WA.

Description: Community Home Health & Hospice is offering a 2-day (5 hours total) training to become a volunteer. Registration is required. You can call 360-747-1043 or email volunteer@chhh.org

9th-11th

What: Goodwill Hiring Event

Time: 9:00 a.m. – 12:00 p.m.

Where: 1030 15th Avenue, Suite 300, Longview

Description: Career planning, openings & benefits overview, resume writing, interview preparation ending in an interview with Columbia Wellness. For details & registration: 360.501.8340 or email Navigator@goodwillwa.org

14th

What: CrafterNoon Group

Time: 1:00 – 3:00 p.m.

Where: Kalama Library, 312 N. 1st

Description: CrafterNoon Group meets in the Kalama Library Meeting room the 2nd and 4th Monday of each month. This is FREE way to meet new friends and share patterns, yarn, fabric and just have fun.

February 2019

1st

What: Children's Discovery Museum

Time: 4:00 – 7 p.m.

Where: Three Rivers Mall- 351 Three Rivers Drive, Kelso

Description: The Children's Museum is hands on, interactive experience that allows children to learn, engage and play together. It is free during business hours and it is opened every Wednesday from 11am-4pm, Friday's 4-7pm & Sunday's, 1-4pm.

5th

What: Movie Night

Time: 6:00 – 8:00 p.m.

Where: Longview Public Library- 1600 Louisiana Street

Description: Longview Library has a family movie the 2nd Tuesday of every month.



Guest Policy [24 CFR 5.100]



A resident family must notify the PHA when overnight guests will be staying in the unit for more than 3 days. A guest can remain in the unit no longer than 14 consecutive days or a total of 30 cumulative calendar days during any 12-month period.

A family may request an exception to this policy for valid reasons (e.g., care of a relative recovering from a medical procedure expected to last 20 consecutive days). An exception will not be made unless the family can identify and provide documentation of the residence to which the guest will return.

Children who are subject to a joint custody arrangement or for whom a family has visitation privileges, that are not included as a family member because they live outside of the public housing unit more than 51 percent of the time, are not subject to the time limitations of guests as described above.

Former residents who have been served with a no trespass notice or who have been evicted are not permitted as overnight guests.

Guests who represent the public housing unit address as their residence address or address of record for receipt of benefits or any other purposes will be considered unauthorized occupants. In addition, guests who remain in the unit beyond the allowable time limit will be considered to be unauthorized occupants, and their presence constitutes violation of the lease

Reporting Suspicious Activity

Please report any suspicious activity, near or around the property, you are currently living in.

Document:

- Who was involved
- When the incident occurred
- Where it happened
- Exactly what happened (facts only, no opinions on the situation)



We currently have a form in the office you can fill out, however writing this information on any sheet of paper and mailing it to the office is okay too. Also, if it an emergency, call 911 and report to the police.

Holiday Decorations Reminder

All Holiday decorations must be removed by January 7, 2019. Leaving decorations out after the approved dates, can result in an exterior inspection failure.

Book Program

We want to invite all families to come and check out our book collection. We encourage those with children to come review our children books. It's a good time to read a few new books since it is winter break right now. This would be a perfect time to have the kids' reading and exploring new adventures.

Participant Request Form



All requests from clients must be done in writing prior to meeting or receiving a call from coordinator/staff. There is a pink sheet located next to the office window that needs to be filled out for the following reasons:

- If you need a copy of paperwork from your file,
- would like to request a phone call from your coordinator,
- would like to request an appointment with your coordinator,
- To leave a message with for your coordinator
- Hearing Outcome: Appealing a Housing Authority Decision

Once you submit the participant request form, you must wait for the Housing Authority to get in touch with you, either by mail or by phone.



Rent Reminder

Just a reminder that rent is due every month by the 5th. You will need to make sure it is brought to the office, or post marked no later than the 5th to avoid late fees of \$35.00. If a late fee is applied to your account, please pay total amount due plus next month rent within 30 days. KHA will mail a monthly statement which will reflect the \$35.00 charge. All NSF checks returned for insufficient funds will also be a \$35 fee added to your account and a coordinator will contact you. We also can no longer take personal checks and must be in a cashier's check or money order if you have a NSF. [CFR 24 966.4 (b)(4)]

*Please note that KHA does not accept partial payments. Rent must be paid in full.



Winter Tips

Winter time usually means a higher electricity bill. Below are some tips from Cowlitz PUD and from Energy.gov:

- Have your thermostat/heating unit set to 68 while you are home and awake, and lower while you are sleeping.
- Make sure you turn off all lights when they are not in use.
- Take advantage of winter sunlight by opening shades, allowing natural light and warmth from the sun to heat the inside.
- Unplug any electronics that are not in use.
- Use kitchen and bathroom fans to reduce moisture in the home.
- Dress warmer and use heavier blankets.

For more tips, please visit:

<https://www.cowlitzpud.org/energy-saving-tips>

<https://energy.gov/energysaver/articles/top-10-tips-save-energy-and-money-winter>

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